

## Formations in Contra

**Seminardauer / Duration: 90 Mins**

### Seminarinhalte / Seminar content:

See also **Contra/Country** Begriffe und Wörter from the ECTA Library, ECTA Handbook or CT Coordinator

Alternate Duple or Improper Duple also Duple Improper *Hands four all top couples cross*

Becket *Couples facing couples across*

Circle Contras / double circle or Sicilian Circle

Free Waltz (at the end of an evening dance)

Hexagon

Improper Duple see above

Improper Triple *1,4,7... active and crossed over*

Longway set

Mescolanza

Proper

- Duple Minor
- Triple Minor
- Triplet
- Whole set

Quadrille / Square

- Double Quadrille

Sicilian Circle

Tempest

Trio Longways *one man between two women*

Trio Circle *3's facing LoD*

Trio Sicilian

*3's facing 3's in LOD/RLOD*

*any three dancers facing three dancers as in the spokes of a wheel*

Trio Squares *one man between two women*

Triple proper improper see above

Triplet also with 1 couple improper or in triangle or circle

There are also dances for 2 couples, 5 couples and various other possibilities that are included in the contra family i.e. single circle mixers



## Revisions

<b>Nr.</b>	<b>Changes</b>	<b>Release</b>	<b>Contrib.</b>	<b>Date</b>
1.	Writing the keyword list		CDB	~2005
x.	Separation from one general document with all topics in single documents with reviewed layout		CW	2010/01/17
2.	Review		CDB	2014/04/10