

Contra Specific Movements - Figures

Seminardauer / Duration: 90

Seminarinhalte / Seminar content:

Movements in Contra Dancing that are not used in Square Dancing or used differently

See also **Contra/Country** Begriffe und Wörter from the ECTA Library and/or CT Coordinator

Arm vs Hand turns
High hand allemande
Balance
Set
Cast off
Contra corners, Turn
Dosado
Figure eight
½ figure eight
Four in line
Hands across stars
Hey for four
Hey for three
Handed hey
Reel for four
Mirror – allemande, dosado, hey
Slow square thru
Swing, lady on the right
facing direction after
Wheel around



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© EEP Keyword list - Movements - Figures

Contra &
Traditional
Level 2
Status: Nov. 2009

Revisions

Nr.	Changes	Release	Contrib.	Date
1.	Writing the keyword list		CDB	~2005
x.	Separation from one general document with all topics in single documents with reviewed layout		CW	2010/01/17